

KIDSAFE

PSHE - Safeguarding Curriculum for children

Lanercost Church of England Primary School

Care Believe Achieve

Live life in all its fullness - John 10:10

To help ensure that our children are fully prepared to live life in all its fullness, we offer many different enrichments as part of PSHE. These take a variety of different forms; however, across the entire school, we want to ensure that the children have a strong and purposeful safeguarding curriculum. We believe that in order for them to develop personally, and emotionally and have a wider awareness, they are never too young to learn about this. Every child at Lanercost learns KIDSAFE on a bi-annual basis with a KIDSAFE trained instructor. We are a KIDSAFE registered school.

What is KIDSAFE?

KIDSAFE is child-friendly, preventative, and age-appropriate. The program teaches children the skills and knowledge they need to stay safe and thrive.

The primary purpose of the program is to educate children directly to be able to deal with any form of abuse, including sexual and domestic violence, and the extremely worrying dangers they now face in the digital age, which includes grooming, cyberbullying, and sexualised material.

The psychological and detrimental impact on children's emotional well-being and mental health is immense. The majority of safeguarding and mental health training continues to be aimed at adults who clearly find out about signs and symptoms of the appalling harm that transpires as a result of abuse. However, there aren't many programs aimed at children's learning.

What does KIDSAFE offer?

KIDSAFE UK offers a clear, simple but effective program that can be delivered across the school at a primary level. KIDSAFE UK registered school means that no form of abuse will be tolerated.

- Open-door policy for children to raise problems:
- Provides children with a vocabulary to discuss their feelings - 'Yukky feelings'
 - A whole-school approach to promoting good mental health.
- Tackles hot topics of bullying, cyber safety, abuse, domestic abuse, self-esteem, anger, diversity, and bereavement amongst others.
- Standardised language across school from all members of staff, children, and parents about how to act if you have yukky feelings.
- mental health and safeguarding are taken extremely seriously.

- Diversity is explored and celebrated as part of the KIDSAFE program.
- Sense of being part of KIDSAFE and the important messages that sends out about safety, value, worth, and tolerance.
- Emphasis on keeping safe and respecting each other.
 - Positive peer influences
- Works with children about bullying and the impact on others.
- Encourages positive behaviour and friendship.