

Lanercost Church of England Primary School

Care Believe Achieve

Live life in all its fullness - John 10:10

PSHE Concepts - 8 concepts: identity, relationships, health, risk, diversity and equality, rights, change, career

Cycle A	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class 1 (EYFS)	<p>In the Early Years, PSHE links closely to their Personal, Social and Emotional Development (PSED). PSHE in EY is not taught as a discrete subject but intertwines through the many areas of their provision and curriculum, such as:</p> <ul style="list-style-type: none"> • understanding the world • personal, social and emotional development • communication and language <p>This approach to PSHE, allows children to grow in confidence in their learning environment, to take part in discussions and debates and to explore ideas. PSED/PSHE also promotes and encourages the Development Matters key characteristics of effective teaching and learning. These are:</p> <ul style="list-style-type: none"> • playing and exploring • active learning • creating and thinking critically 					
Class 2 (KS1)	Feelings: emotions, change	What keeps me healthy?: risk, health	Medicines and me: health, change, risk	Feeling safe: relationships, risk	Me and others: diversity and equality, identity,	Sex and Relationships education: rights, relationships, health, change
Class 3 (LKS2)	Strengths and Challenges: emotions, change,	What is important to me?: identity, diversity and equality	Bullying - see it, say it, stop it: emotions, risk, rights	Making choices: rights, risk, health	Celebrating difference: identity, relationships, diversity and equality	Sex and Relationships education: rights, relationships, health, change
Class 4 (UKS2)	Dealing with feelings: emotions, change, relationships	Keeping safe out and about: risk, emotions, relationships	Borrowing and earning money: career, risk	Different influences: risk, relationships, health	Stereotypes, discrimination and prejudice: rights, identity, diversity and equality	Sex and Relationships education: rights, relationships, health, change

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Cycle B	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class 1 (EYFS)	<p>In the Early Years, PSHE links closely to their Personal, Social and Emotional Development (PSED). PSHE in EY is not taught as a discrete subject but intertwines through the many areas of their provision and curriculum, such as:</p> <ul style="list-style-type: none"> • understanding the world • personal, social and emotional development • communication and language <p>This approach to PSHE, allows children to grow in confidence in their learning environment, to take part in discussions and debates and to explore ideas. PSED/PSHE also promotes and encourages the Development Matters key characteristics of effective teaching and learning. These are:</p> <ul style="list-style-type: none"> • playing and exploring • active learning • creating and thinking critically 					
Class 2 (KS1)	<p>Friendship: change, relationships, risk</p>	<p>Fun times: risk, diversity and equality, emotions</p>	<p>Indoors & Outdoors: health, risk, relationships</p>	<p>What do we put into and on to our bodies?: health, emotions, change</p>	<p>My money: career, change, risk</p>	<p>Sex and Relationships education: relationships, change, health, rights</p>
Class 3 (LKS2)	<p>Democracy: rights, identity, diversity and equality</p>	<p>What helps me choose?: change, health,</p>	<p>Playing safe: risk, relationships, health</p>	<p>Tobacco is a drug: health, risk,</p>	<p>Saving, spending and budgeting: career, identity</p>	<p>Sex and Relationships education: rights, relationships, health, change</p>
Class 4 (UKS2)	<p>Healthy minds: emotions, health, relationships</p>	<p>Making safer choices: rights, risk, relationships</p>	<p>Human rights: rights, identity, equality and diversity</p>	<p>Weighing up risks: risk, health,</p>	<p>In the media: change, rights, identity, health</p>	<p>Sex and Relationships education: rights, relationships, health, change</p>